



WOMEN'S MEASUREMENTS

The tape should be horizontal to the floor when taking circumference measurements.

Locate the prominent bone at the top of the arm and mark with a pin or chalk. (shoulder tip)

B - Bust - Measure at the fullest part.

C - Rib Cage - Measure around the rib cage under the bust.

D - Waist - The hollow of the waist

E - Hips - Taken at the fullest point.

F - Back Waist Length - From the prominent bone at the base of the neck to the waist.

G - Upper Back Width - Taken 10cm down from the neck, from sleeve seam to sleeve seam.

H - Arm - From shoulder tip to wrist bone, with arm bent.

I - Arm Circumference - At biceps.

J - Neck - At base of throat.

K - Shoulder - From neck to shoulder tip.

L - Skirt - From the waist to the floor, no shoes.

Bra Size

Height - Without shoes

